**Pray Like Jesus:**

A Daily Prayer Guide to Fight being Middle Class in Spirit

**Our Father in Heaven**

*“‘Our Father in heaven, hallowed be your name,*

Prayer starts by acknowledging and centering yourself on God’s worthiness to be worshipped and prayed to. He is big, you are not. He is capable of answering prayers, you are not. He is in heaven, you are on earth. The separation is acknowledged and appreciated.

* Have you lost sight of God today? Have you walked in a consistent awareness of your need for him? Re-center yourself on God’s grandeur and that the very act of praying is acknowledging your weakness and need for him to do what you cannot. Ask the Spirit for grace to help you see God rightly.

|  |
| --- |
|  |

**Your Kingdom Come**

*your kingdom come, your will be done,  on earth as it is in heaven.*

An integral part of prayer is asking God to bring his kingdom to earth by advancing the gospel, freeing captives of sin and healing the brokenness of creation.

* Who or what in your life has been broken by sin? Who are you building with that you are asking God to save? What do you want God to do in the lives of family, friends, LifeGroup members, or people you’re building with?

|  |
| --- |
|  |

**Provide for Us**

*Give us today our daily bread.*

Asking God for daily bread means asking him to provide for you—physically, spiritually, emotionally, relationally—in every arena of life. This is again acknowledging our utter dependence on the Lord and asking for him to provide.

* What do you need today? Are you in need of financial provision? Spiritual joy or sustenance? Emotional stability? Relational support or comfort? What do you need him to do that you can’t? Where do you need him to give you grace to hold fast to his sufficiency in your need and weakness?

|  |
| --- |
|  |

**Forgive Us**

*And forgive us our debts,*

Part of prayer is acknowledging the ways you have sinned against God or others directly and honestly, asking for and accepting God’s forgiveness because the righteousness of Christ stands in your place.

* In what outer, behavioral level ways have you sinned against God or others today? What about inner, hidden ways? How has your heart turned from focusing on God, walking in step with him and being content in his satisfaction?

|  |
| --- |
|  |

**Give Us Grace to Forgive**

*as we also have forgiven our debtors.*

The gospel says we can forgive others because we’ve first been forgiven by Jesus. The grace we receive will naturally bend outward and be extended to others as we walk in the Spirit.

* Who has sinned against you, offended you, or angered you today? Is there lingering relational weirdness, bitterness, or tension with anyone? Pray for God to give you grace to forgive them fully and freely. Ask the Spirit to help you release them from any debt they may owe you just like God released you from the debt you owed him.

|  |
| --- |
|  |

**Deliver Us**

*And lead us not into temptation,  but deliver us from the evil one.*

Scripture tells us that we have a spiritual enemy who roams around like a lion seeking someone to devour (1 Peter 5:8). Those in Christ have no reason to fear Satan and demons because of Christ’s victory and power over them, but it is wise to be aware of their schemes to hurt and destroy and ask God for protection from any attacks.

* Are there any areas you feel especially tempted in or attacked right now? If Satan wanted to devour your life, what strategy might he take? Ask God for provision and protection from evil and temptation. Ask him for reminders of his goodness, faithfulness, victory and sufficiency. Ask for strength and deliverance in the areas that you feel weak or tempted.

|  |
| --- |
|  |