

Personal Liturgy

Week 8: Pray Like Jesus - Part 1

Primary Passages: Matthew 5:1-3, Luke 18:9-14, Matthew 6:5-13

Related Passages: Colossians 2:6

"A needy heart is a praying heart. Dependency is the heartbeat of prayer...The criteria for coming to Jesus is weariness. Come overwhelmed with life. Come with your wandering mind. Come messy."

- Paul Miller

Personal Liturgy Self-Assessment: Think back to the start of the Personal Liturgy series. What differences do you notice in how you are investing in your spiritual health today than when we started 8 weeks ago?

- What are some wins you're seeing? Are you getting more time alone with God than you have in the past? Are you growing a healthier approach to screen time? Are you any more aware of your spiritual health? Are you noticing other people and having better conversations with them? What healthy rhythms and disciplines are you cultivating? (Give specific examples.)

LifeGroup Study Guide:

Read and Recap: Have someone read **Matthew 5:1-3** and **Luke 18:9-14** and recap the highlights from this week's sermon.

- In what ways do you dislike or hate weakness in yourself and others?
- What is God actually trying to show you in the midst of your weakness? Why is a self-reliant, "middle class in spirit" posture dangerous?

Group Prayer: Have someone read a section from the Lord's prayer then spend a few minutes as a group meditating and praying out loud before moving to the next verse.

"Our Father in Heaven, hallowed be your name."

- Pray for Him to grow your understanding that He is a loving authority, holy and relationally engaged. Pray for our lives and community to focus on God's glory above any other glory.

"Your kingdom come, your will be done on earth as it is in heaven"

- Pray for God to bring His kingdom, truth and healing anywhere there's brokenness and loss.

"Give us today our daily bread."

- Thank God for all the ways He is meeting your needs: material, financial, spiritual, relational etc. And ask Him to meet your needs.

"And forgive us our debts, as we have also forgiven our debtors."

- Pray that the Spirit would empower you to forgive anyone you are holding sin against as Christ has forgiven you.

"And led us not into temptation, but deliver us from the evil one."

- Pray for Jesus to reveal to you and deliver you from any and all temptation. Pray for us to fight temptation through confession and repentance.