

Personal Liturgy

Week 3: The Things You DON'T Do Do Things to You

Primary Passage: Galatians 6:7-10

Related Passage: Galatians 5:16-25

"[To have Faith in Christ] means, of course, trying to do all that He says. There would be no sense in saying you trusted a person if you would not take his advice. Thus if you have really handed yourself over to Him, it must follow that you are trying to obey Him. But trying in a new way, a less worried way. Not doing these things in order to be saved, but because He has begun to save you already. Not hoping to get to Heaven as a reward for your actions, but inevitably wanting to act in a certain way because a first faint gleam of Heaven is already inside you."

- C.S. Lewis

"In our steering away from legalism, I wonder if we left the road to holiness or began to forget that God also cares about what we do and how we do it and why."

- Sarah Bessey

LifeGroup Study Guide:

Read and Recap: Read **Galatians 6:7-10** and have someone recap the highlights from this week's sermon.

- Are there any things you do in your life that you naturally protect but maybe never realized that was what you were doing? (e.g. watching a certain show, checking social media, etc.)
- Look at your answers to the Personal Liturgy challenge from January 30th: if your current habits and patterns continue unchanged for 10 years, what kind of person will you become?

Reread Galatians 6:7-10 and read Proverbs 5:22-23.

- What is your reaction to the word discipline? How is discipline different from legalism?
- Along with the fear of being legalistic, what other obstacles keep you from developing healthy habits to keep in step with God's Spirit?

Personal Liturgy challenge from February 3: Has the Holy Spirit impressed anything on you recently that you've been avoiding or resisting? What steps do you need to take to repent and follow the Spirit's leading?

- How can we help encourage and hold you accountable?

Pray that we wouldn't allow a fear of being legalistic keep us from feasting on the good life that God offers to us.

Pray that our LifeGroup would faithfully use the challenges in this series and that we'd be changed in the process.