

Personal Liturgy

Homelink

February 18, 2018

Series Memory Verse:

"I am the vine; you are the branches. If you remain in Me and I in you, you will bear much fruit; apart from Me you can do nothing."

- John 15:5 (NIV)

One Big Thing:

God helps us grow when we focus on Him.

Review:

This week, we learned that God helps us grow when we focus on Him. We defined "focus" as the center of someone's interest or activity. We talked about the story of Moses spending time with God on Mount Sinai in Exodus 34:29-35. When Moses came down from the mountain, his face shone brightly because he had spent time with God. We concluded by talking about how that same invitation to spend time with God is offered to us because of Jesus. By focusing on Jesus, we grow to be more like Him.

Challenge:

Spend time journaling about God's goodness each day.

Below are some journaling prompts designed to cultivate thankful thoughts toward God. This week we want to thank Him for what He has done.

Day 1:

Draw a picture of your favorite thing in nature. Write a sentence thanking God for it. Pray to God, thanking Him for nature.

Day 2:

Draw a picture of a fun thing that you did or like to do. Write a sentence thanking God for it. Pray to God, thanking Him for that fun time.

Day 3:

Draw a picture of some people you're thankful for. Write a sentence thanking God for them. Pray to God, thanking Him for those people.

Day 4:

Draw a picture of your favorite food. Write a sentence thanking God for it. Pray to God, thanking Him for food.

Day 5:

Draw a picture of the cross. Write about why you are thankful for what Jesus did for you on the cross. Pray to God, thanking Him for the cross.

Go to <http://midtowncolumbia.com/the-blog> for Parents' Tips & Tricks on journaling.



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