

Personal Liturgy

Homelink

January 21, 2018

Series Memory Verse:

"I am the vine; you are the branches. If you remain in Me and I in you, you will bear much fruit; apart from Me you can do nothing."

- John 15:5 (NIV)

One Big Thing:

The things you do, do things to you.

Review:

This week, we used John 15:5 and two live trees in Kidtown to show the importance of practicing habits that grow our joy and our love for God.

Challenge:

This week's challenge is to start a journal. To kick off our journaling challenge, kids decorated their own journals. Kids completed their first entry by drawing a healthy tree and a sick tree. We then asked them to draw or write what made the healthy tree healthy and what made the sick tree sick.

Parents' Tips & Tricks for Journaling:

Time and Place: Pick a time and place for your child to journal each day. Designate a special place where your child can be creative. Have supplies on hand like loose paper, crayons, markers, colored pencils, stickers and glue.

Attitude: Let your child see you get excited about journaling. Encourage focus and creativity but don't enforce too many rules concerning what your child journals. Celebrate the scribbles!

Preschool - Children in preschool need lots of space on their pages to draw, color, and write. The first week we will encourage kids to draw, color, and write whatever they would like in their journals. Should your child need some direction, we've included daily journaling prompts that are related to our Kidtown lesson.

Elementary - Elementary students need wide ruled paper and a section for drawing. Depending on your child's age and creativity, he or she may put more effort into drawing than writing. Older children may prefer simply writing about their day or how they are feeling instead of drawing. They have the freedom to journal what they would like but may benefit from the provided Kidtown prompts.

In the weeks to come, we will be giving more specific journaling prompts and challenging kids to direct their thoughts toward God. Below are some questions related to the Kidtown lesson that should help prompt more journal entries at home this week:

Day 1: Draw a special spot in your house where you can journal. Why do you think it may be helpful to journal?

Day 2: If you could grow any type of tree (doesn't have to be a real one!) in your backyard what would it be? What would grow on it? Draw a picture of it.

Day 3: What's your favorite thing to do outside? Draw yourself doing this. Why is it healthy to play outside?

Day 4: Draw a picture of you sleeping in your room. What time do you go to bed at night? Why do you think kids need so much sleep?

Day 5: What are some foods that you like to eat? Draw a picture of you eating that food with your family. What are some healthy foods that will help you grow?



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