



What passage are we learning about today?

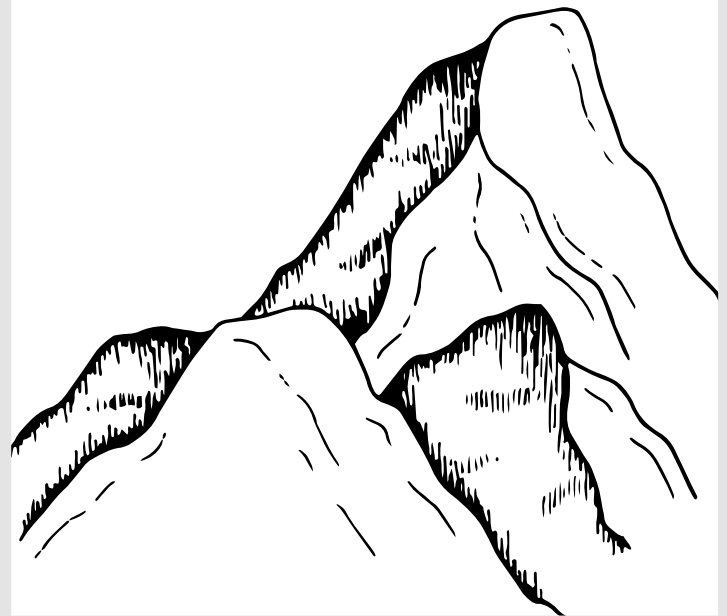
Matthew \_\_\_\_ : \_\_\_\_ - \_\_\_\_

### SERMON NOTES

- We need the whole \_\_\_\_\_ to be free from \_\_\_\_\_ !
  - The world is \_\_\_\_\_
  - AND God is \_\_\_\_\_ and working in the broken world.
- We need \_\_\_\_\_ of encouragement and words of \_\_\_\_\_ to be free from anxiety.
- We need to center our lives on \_\_\_\_\_ to be free from anxiety.

### WHERE ON THE MOUNTAIN?

Draw a picture of yourself climbing this mountain and color it. Draw yourself close to the bottom if you are not worried about much of anything, draw yourself near the top if you are very worried about a lot of things.



### CAST YOUR ANXIETIES

List the things you are worried about and describe why you put yourself where you did on the mountain.

Cast all your anxiety on him because he cares for you. 1 Peter 5:7