

# LifeGroup Guide

Jesus was God spelling Himself out in language humanity could understand

- S.D. Gordon

If you had a thousand crowns you should put them all on the head of Christ! And if you had a thousand tongues they should all sing his praise, for he is worthy!

- William Tiptaft

## 1. Catch Up On Life:

This is when we update each other on the day in and day out happenings of our lives. As church family, we care about each other's lives: what we're celebrating, what we're mourning, what decisions we're praying through, and everything in between. (1 Thessalonians 2:8, Romans 12:10 and 15)

- Celebrate the wins where have you seen Jesus working in the last week (shaping you to be more like Himself or working in the lives of those that He's put around you)?
- What (if any) big life updates do you need to catch us up on (positive ovr negative)?

**Pray:** Take every opportunity to pray and thank God for the good He's doing in our lives, and ask for help and healing anywhere there is pain.

### 2. Review the Mission:

Just like God the Father sent Jesus on a mission of reconciliation for us, Jesus sends us out as ambassadors of His reconciliation. We are called to make disciples wherever we go. (John 20:21 and 2 Corinthians 5:18-20)

#### People:

- Reactive Who in your life (family, coworkers, etc.) can we
  join you in praying for? Who has God put around you that
  is showing spiritual interest? Who is hurting and could use
  some love from our group?
- Proactive Who are the people we are intentionally living on mission with (neighbors, STC partner organizations, or a specific demographic in Columbia)? What are our upcoming plans to love, serve and build relationships with this group?

#### Plan:

 Are there any rhythms already planned, or an extra rhythm we could plan to create a way for these friends to connect with our group?

**Pray:** Prayer is the fuel of God's mission. Let's pray for our people by name; pray for their needs, and opportunities to have spiritual conversations that help them take next steps toward Jesus.

### 3. Sermon Discussion:

God uses His Word to reveal Himself to us, to equip us to live the good life He's designed for us, to show us our sin, and to strengthen us as we follow Him. We preach the Word on Sundays and apply it as a LifeGroup throughout the week. (2 Timothy 3:16-17, Colossians 1:9-12 and James 1:22-25)

Primary Passages: John 8:48-59, Exodus 3:1-15

Read and Recap: Have someone read John 8:48-59 and Exodus 3:1-15 and recap the highlights from this week's sermon.

• How have you been guilty of worshipping Jesus when you like what He says and ignoring Him when you don't?

#### **Digging Deeper Chart**

The following chart is a tool to help you work through and uproot the underlying beliefs below any particular sin issue. Think about the areas that you struggle to trust Jesus as the sovereign "I AM" in your life and use the chart to show how right belief and submission to Him as God would change your actions & feelings.

Action / Feeling	New Action / Feeling
What sin issue or feeling are you	If that is true, how should it
dealing with	change your actions & feelings?
<b></b>	
Belief about self	Truth about self
what does that reveal that you	In light of what is true about
believe about yourself?	God, what `is true about you?
<b>\</b>	<u> </u>
Belief about God	Truth about God
What does that reveal that you believe about God?	How does the gospel display the truth about God?
	<b>1</b>
	I I I

**Pray** that your LifeGroup would continue to help each other to see Jesus as the most important thing in your lives.

**Pray** that the Holy Spirit would remind you of your deep need for Jesus to be the I AM in your life.

## 4. Engage the Heart:

Jesus calls us to walk in the light, confessing our sins to God and each other. God's Spirit works through confession and community to lead us to repentance. (Romans 3:23-24, James 5:16 and 1 John 1:5-10)

- What are some unhealthy things you've done in the last week to escape from responsibility, fear, or pressure?
- What true things about who Jesus is and who He has made you to be would help free you up in these areas? (Rest of LG speak into their lives: How does the gospel address and free him/her up?)
- What steps of repentance do you need to take? How can we help you walk in repentance?

**Pray:** James tells us that a community that regularly confesses sin and prays for each other will see a lot of healing. Confess your sins in prayer and pray for each other.