

An Invitation to a Journey

1. Catch Up On Life:

This is when we update each other on the things that Jesus has been up to in our lives since we last saw each other. As church family, we care about each other's lives: what we're celebrating, what we're mourning, what decisions we are praying through, and everything in between. (1 Thessalonians 2:8, Romans 12:10 and 15)

- Celebrate the wins where have you seen Jesus working in the last week (shaping you to be more like Himself or working in the lives of those that He's put around you)?
- What (if any) big life updates do you need to catch us up on (positive or negative)?

Pray: Take every opportunity to pray and thank God for the good He's doing in our lives, and ask for help and healing anywhere there is pain.

2. Review the Mission:

Just like God the Father sent Jesus on a mission of reconciliation for us, Jesus sends us out as ambassadors of His reconciliation. We are called to make disciples wherever we go. (John 20:21 and 2 Corinthians 5:18-20)

People:

- Reactive Who in your life (family, coworkers, etc.) can we
 join you in praying for? Who has God put around you that is
 showing spiritual interest? Who is hurting and could use some
 love from our group?
- Proactive Who are the people we are intentionally living on mission with (neighbors, STC partner organizations, or a specific demographic in Columbia)? What are our upcoming plans to love, serve, and build relationships with this group?

Plan:

 Are there any rhythms already planned, or an extra rhythm we could plan to create a way for these friends to connect with our group?

Pray: Prayer is the fuel of God's mission. Let's pray for our people by name; pray for their needs, and opportunities to have spiritual conversations that help them take next steps toward Jesus.

^{3.} Check out our Bible reading and Prayer Plan based on this series here (midtowncolumbia.com/reading-plan)

3. Sermon Discussion:

God uses His Word to reveal Himself to us, equip us to live the good life He's designed for us, show us our sin, and strengthen us as we follow Him. We preach the Word on Sundays and apply it as a LifeGroup throughout the week. (2 Timothy 3:16-17, Colossians 1:9-12 and James 1:22-25)

Primary Passages: John 10:10, 1 Corinthians 9:24-27

Read **John 10:10 and 1 Corinthians 9:24-27** out loud. Spend some time silently reflecting and journaling the following questions as a LifeGroup:

- What stands out from the passage?
- What does this passage reveal to us about God?
- What does this passage reveal to us about people?
- Share with one another what you thought, reflected, and wrote about.
- What stood out overall from the sermon?
- In what areas of your life are you currently most disciplined?
- Go to FollowingJesusTogether.com.

For the next three weeks, everyone in LifeGroup will be working through one of the practices or one of the plans - Apathy, Discontentment, or Overwhelmed. Spend some time looking over the practices/plans and choosing which one you are going to participate in. Partner up with those who are working through the same practice/plan as you to provide regular accountability. You may even want to start a text thread now with those people to get started.

4. Engage the Heart:

Jesus calls us to walk in the light, confessing our sins to God and each other. God's Spirit works through confession and community to lead us to repentance. (Romans 3:23-24. James 5:16 and 1 John 1:5-10)

- What are you struggling to trust God with this week? How can you give God control of it? (As people confess sin, make sure to remind one another of the good news Jesus offers. If need be, use the worksheet "Go-to Verses for Gospel Fluency" at MidtownLifeGroups.com)
- Has the Holy Spirit been prompting you to do anything that you've been resisting? What steps do you need to take to obey?

Pray: James tells us that a community that regularly confesses sin and prays for each other will see a lot of healing. Confess your sins to God in prayer and pray for each other. **Pray** for the Spirit to work in you as you take steps of repentance.