



THE FAMILY OF GOD

Week 10 | Parenting Part 2: Reactive Discipline

1. Catch Up On Life:

As a church family, we care about each other's lives: what we're celebrating, what we're mourning, what decisions we are praying through, and everything in between (1 Thessalonians 2:8, Romans 12:10, 15).

Suggested time: 10-20 minutes

- How are you doing?
- What can you thank God for this week?
- When were you most aware of Jesus' presence this week?
When were you least aware of Jesus' presence this week?
- Do you have any practical needs? (If so, please visit our [Needs](#) page)

2. Review the Mission:

Just like God the Father sent Jesus on a mission of reconciliation for us, Jesus sends us out as ambassadors of His reconciliation. We are called to make disciples wherever we go. (John 20:21 and 2 Corinthians 5:18-20)

Suggested time: 10-20 minutes

- **People:** Who in your life can you be building with right now? What does that look like during this season?
- **Plan:** Are there any rhythms planned (virtual or in-person) that we can invite these friends into? What spiritual conversations do you want to initiate with them soon?
- **Pray:** Let's pray for our people by name; pray for their needs, opportunities to connect, and opportunities to have spiritual conversations that help them take next steps toward Jesus.

3. Sermon Discussion:

God uses His Word to reveal Himself to us, equip us to live the good life He's designed for us, show us our sin, and strengthen us as we follow Him (2 Timothy 3:16-17, Colossians 1:9-12, and James 1:22-25).

Suggested Time: 20-40 minutes

i. Scripture Discussion

Primary Passages: **Ephesians 6:1-4** and **2 Timothy 3:16-17**

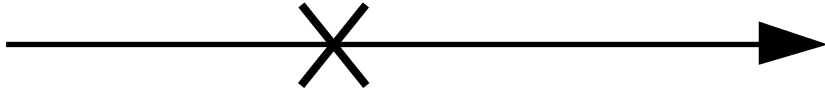
Read **Ephesians 6:1-4** and **2 Timothy 3:16-17** out loud. Spend some time silently reflecting and journaling the following questions as a LifeGroup.

- What stands out from the passage?
- What does this passage reveal to us about God?
- What does this passage reveal to us about people?
- Share with one another what you thought, reflected, and wrote about.

ii. Sermon Discussion

What stood out to you from the sermon?

In this sermon and the sermon before, we talked about proactive and reactive parenting. Proactive parenting is about ongoingly modeling, teaching, and training our children towards obedience (what you do before the x). Reactive parenting is about disciplining and instructing our children when they're disobedient (what you do after the x).



For parents, what is the hardest part about reactive parenting for you? Why? What keeps you from seeing discipline as an opportunity to disciple them?

In the sermon we said reactive parenting involves having a plan, a script, and a consequence for our children after the x. Out of those three, which one do you need to grow in? What does that look like specifically?

Hebrews 12:7-11 reminds us that God out of His love for us actively disciplines and instructs us for our good. For parents and non-parents, how do you see the Lord disciplining and instructing you to be more like Him?

To wrap up, let's spend some time praying by name for parents and children in our church family. Let's ask God that the parents in our church would lovingly disciple their kids proactively and reactively. Let's also ask God that the kids we know in our church family would come to know Him.

4. Engage the Heart:

Jesus calls us to walk in the light, confessing our sins to God and each other. God's Spirit works through confession and community to lead us to repentance. (Romans 3:23-24, James 5:16 and 1 John 1:5-10)

Suggested Time: 10-20 minutes

*Following
Jesus
Together*

For those participating in the Lent season through fasting, how's that been going? What's been challenging? What's the Lord been teaching you?

followingjesustgether.com/fasting

- How are you doing abiding with Jesus this week (Scripture and prayer)?
- What sin do you need to confess to God? What are you struggling to trust Jesus with this week? How can you give Him control of it? (As people confess sin, make sure to remind one another of the good news Jesus offers. If need be, use the worksheet "Go-to Verses for Gospel Fluency" at FollowingJesusTogether.com/confession)

Pray: Close your time together by praying for one another

- Pray for the Spirit to work in you as you take steps of repentance
- Pray for God to meet the needs of those in your group
- Pray for the sick and vulnerable at this time of crisis