LifeGroup Time Virtual Guide

There are many options to coordinate virtual group time. We suggest using $\underline{\text{Zoom}}$. Logistically we suggest hosting group time once kids are in bed, with a max time frame of one hour.

1. Catch Up On Life:

As a church family, we care about each other's lives: what we're celebrating, what we're mourning, what decisions we are praying through, and everything in between (1 Thessalonians 2:8, Romans 12:10, 15).

Suggested time: 10-20 minutes

- How are you doing? Do you have any practical needs?
- What can you thank God for this week?
- When were you most aware of Jesus' presence this week? When were you least aware of Jesus' presence this week?

2. Giving:

Jesus tells us where our treasures go, our hearts will follow. Whereas discontentment is counting what you don't have, generosity reverse-engineers our hearts to count what we do have as we help provide needs for one another (Matthew 6:21).

Suggested time: 5-10 minutes

As a group we want to be reminded of 3 ways to be generous at this time:

- Utilize recurring online giving for regular tithe. (<u>Downtown</u>, <u>Lexington</u>, <u>Two Notch</u>)
- Meet the practical needs of those in our group.
- Check the website for ways to help others during this time of crisis. (For ideas, check out <u>"Handling Finances in a Pandemic"</u> over on our website.)

For LifeGroup training and resources, go to *MidtownLifeGroups.com*

For resources on how to study the Bible, be in community, and more spiritual practices, go to **FollowingJesusTogether.com**

3.Scripture Discussion:

God uses His Word to reveal Himself to us, equip us to live the good life He's designed for us, show us our sin, and strengthen us as we follow Him (2 Timothy 3:16-17, Colossians 1:9-12, and James 1:22-25).

Suggested Time: 10-20 minutes

- What stood out to you from the sermon?
- How are you abiding with Jesus (Bible reading and prayer) this week?
- What has Jesus been teaching you through the spiritual practices?
- Have you developed a Daily Rule of Life since the quarantine? If so, how has that been going? If not, consider writing one out to help ground you to Him during this time. (Check out our resource, <u>"Developing a Rule of Life While on Lockdown</u>" for more information.)

4. Engage the Heart:

Jesus calls us to walk in the light, confessing our sins to God and each other. God's Spirit works through confession and community to lead us to repentance. (Romans 3:23-24, James 5:16 and 1 John 1:5-10)

Suggested Time: 10-20 minutes

- What sin do you need to confess to God? What are you struggling to trust Jesus with this week? How can you give Him control of it?
- Has the Holy Spirit been prompting you to do anything that you've been resisting? What step(s) do you need to take to walk in obedience?
- What is God doing in your life and heart in light of the current situation and circumstances?

Pray

Close your time together by praying for one another

- Pray for the Spirit to work in you as you take steps of repentance
- Pray for God to meet the needs of those in your group
- Pray for the sick and vulnerable