

FIRST CORINTHIANS

5 Meals That Changed the World | Week 16

1. Catch Up On Life:

This is when we update each other on the day-in and day-out happenings of our lives. As church family, we care about each other's lives: what we're celebrating, what we're mourning, what decisions we are praying through, and everything in between. (1 Thessalonians 2:8, Romans 12:10 and 15)

- Celebrate the wins - where have you seen Jesus working in the last week (shaping you to be more like Himself or working in the lives of those that He's put around you)?
- What (if any) big life updates do you need to catch us up on (positive or negative)?

Pray: Take every opportunity to pray and thank God for the good He's doing in our lives, and ask for help and healing anywhere there is pain.

2. Review the Mission:

People:

- Reactive - Who in your life (family, coworkers, etc.) can we join you in praying for? Who has God put around you that is showing spiritual interest? Who is hurting and could use some love from our group?

- Proactive - Who are the people we are intentionally living on mission with (neighbors, STC partner organizations, or a specific demographic in Columbia)? What are our upcoming plans to love, serve, and build relationships with this group?

Plan:

- Are there any rhythms already planned, or an extra rhythm we could plan to create a way for these friends to connect with our group?

Pray: Prayer is the fuel of God's mission. Let's pray for our people by name; pray for their needs, and opportunities to have spiritual conversations that help them take next steps toward Jesus.

3. Sermon Discussion:

God uses His Word to reveal Himself to us, to equip us to live the good life He's designed for us, to show us our sin, and to strengthen us as we follow Him. We preach the Word on Sundays and apply it as a LifeGroup throughout the week. (2 Timothy 3:16-17, Colossians 1:9-12 and James 1:22-25)

Primary Passage: 1 Corinthians 10:15-22, 11:17-34

Related Passages: 1 John 1:5-10, James 5:16, Hebrews 3:12-13, Hebrews 10:24-25, Luke 17:3, Matthew 5:23-24, Matthew 18:15

Read and Recap: Have someone read **1 Corinthians 10:15-22 and 11:17-34**, and recap the highlights from this week's sermon. What stood out to you from the scripture or sermon? Why?

- What does this passage say about the meaning of communion? Does this scripture and sermon change anything about your previous understanding of what communion is?

- What are we proclaiming about ourselves and Jesus when we take communion together?
- In light of the sermon from this week, we want to partake in our Family Practices as a LifeGroup before taking communion together. Take some time to do the following together:

Confess

Have someone read **1 John 1:5-10** and **James 5:16**. Do you have any sins that you need to confess? Consider the following and confess now.

- I've done what I shouldn't have done.
- I haven't done what I should have done.
- I want something that I shouldn't want.
- I don't want the things that I should want.
- I'm not trusting or believing God in some way.

Encourage

Have someone read **Hebrews 3:12-13** and **Hebrews 10:24-25**. Take time as a group to encourage one another in the following ways:

- Here is how God has used you in my life.
- Here is how I see God is at work in you.
- Here is what God has promised you.

Confront and Reconcile

Have someone read **Luke 17:3**

- If there's someone here and you know you need to say something to them, speak the truth in love. If there is sin in their life, it is correct and loving to help them see it by expressing appropriate and biblically-centered concern.

- Are there any concerns you have about someone in our group that you haven't expressed yet? If so, do so now.

Have someone read **Matthew 5:23-24**.

- The passage talks about situations where you've sinned against someone else, where there is something between the two of you and it's your fault. Jesus says it's your responsibility to go to them and reconcile the relationship.
- Is there anyone in our group you need to apologize to because your sin has come between your relationship? If so, do so now.

Have someone read **Matthew 18:15**.

- The situation here is that someone has sinned against you. So there is something between the two of you and it's their fault, but the passage still calls you to go to them in loving confrontation and reconcile the relationship.
- Is there anyone in our group that you need to confront and offer grace to in order to be reconciled or remove relational tension? If so, do so now.

Communion

- Take the bread and the cup together as a LifeGroup, remembering all that God has done to reconcile us to God and us with one another. Remember and rejoice for all that God has accomplished in the giving of Jesus on the cross.